



PAL News
Fall 2010

PAL News is a periodic newsletter of the Abington Police Athletic League to keep supporters informed of PAL program developments and activities.

PAL Takes Paint Balling Expedition to the Poconos

What could be more fun than cops and kids shooting at each other? That is what happened when two Abington Police Officers and an Abington Police Intern took a couple dozen PAL kids on an all-day paint balling adventure at Skirmish in the Pocono Mountains. This energetic group had the opportunity to play out scenarios in fields, the woods, a simulated small town, and, topping the list, at a castle.

“We divided into two groups and battled against each other,” explained Traffic Safety Ofc. Chris Posey. “Best of all, I got to shoot my



Ofc. Al Freed (second from right) with his team of paint ballers.

partner (Traffic Safety Officer Al Freed) who tried to lead the other team to victory,” he

laughs.

The castle was by far the favorite setting as kids could take positions either inside or on top of battlements, or they could run around the outside. The small town was a good runner up as one team took the inside position and the other advanced an attack, all in an attempt to capture the flag.

“This was a great team-building experience for everyone,” notes Ofc. Freed. “The kids were called upon to plan and strategize, and in the process of play, they learned about trust and backing each other



Ofc. Chris Posey (right) gets everyone prepared for a day of shooting!

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PAL Event of the Year Tuesday, October 12!



Gathered here are many of the hardworking members of the PAL Food Festival Committee: (seated, left) Barbara Obst, Sue Hoffman, Dominique Cothran, Valerie Ward, and Dr. Shirley Frakes; (second row, left) Jay Blumenthal, Howard Karashoff, Brian Jeter, Gary Rubin, Dawn Stensland-Mendte, Russ Koerwer, Edith Distel, and Peggy Myers; (back row, left) Rosemary Hinkle, Rudolph Alberts, Ofc. Andy Gibbs, Steve Kalinowski, Matt Seydal, Roger Myers, Eric Sussman, Ed Momorella, Sgt. Dan Buckley, and Jean Coe. Not pictured: Dr. Donald Clark, Elaine Faulkner, Harold Grier, Ofc. Bob Hill Jr., Lt. Steve Hochwind, June Johnson, Chief William Kelly, Tom Kirk, Lew Klein, Deputy Chief John Livingood, Lt. Tom McNamara, Patricia Scott, Trent Scott, Chief Oscar Vance, Jr., Doug Wendell, and Janice Wolf.

If you have not yet bought your tickets, stop reading right now and call **267-536-1100 ext. 1509** to reserve your place at the 2010 Abington Police Athletic League International Food Festival. With more

than 35 restaurants, caterers, and beverage purveyors serving their finest menu items, our 600 guests will savor a near overwhelming feast of signature dishes and beverages, all at Philmont Country Club in Huntingdon Valley.

This annual event runs from 5:30-8:00 p.m. and includes an exciting assortment of live and silent auction items—some extra special that could not be bought, including an opportunity to sit in the broadcast booth with WIP's Angelo Cataldi, and both box seats and premier tailgate tickets to the Army/Navy game.

This year's Festival theme is K-9 in honor of Sgt. Dan

Buckley who will retire in mid 2011 as Commander of Community Policing and head of the K-9 Unit after 33 years of dedicated service to Abington Township. This Sergeant has been the heart of the Abington community in the time he has given and the treasure he has shared, often quietly with people in need, in near countless ways.

Tickets are \$50 and can be purchased by calling the number listed at the beginning.. As it has done successfully in the past, Abington PAL will provide special directions, well marked with signage, to avoid the busiest streets at rush hour. Valet parking

Kids, Parents, & Interested Adults

You Are Invited to
Abington PAL's
Open House

Saturday, October 2
7:00-9:00 p.m.

Glenside-Weldon School
409 N. Easton Road, Glenside
Check out PAL programs!

Abington Officers' Foursome Takes PAL Golf Outing

Three Abington Police Officers and an Abington Police Athletic League Board member made up the winning foursome in this year's 9th annual Abington PAL Golf Outing. This fundraiser to help provide programs for young people in Abington Township and Rockledge Borough was originally slated for late April but experienced a couple fits and starts due to inclement weather, including a day of deluging rain in July be-

fore the skies finally cleared the way for a beautiful day on Monday, August 9.

Held at North Hills Country Club, this event was supported by both Abington Police Officers and members of the community and grossed more than \$30,000. Participants were also delighted with a generous array of raffle prizes from gift certificates and baskets to golf and travel items.

Abington PAL is

grateful for Platinum sponsor Risa Vetri Ferman and the District Attorney's Office of Montgomery County; Gold Sponsors Janice Wolf, a PAL Board member, and the Joseph C. Scott Foundation; and Silver sponsors Abington Bank and Sonic Drive-In. Members of the business community also stepped up once again to be hole sponsors.



Winning foursome: (left) Bonnet Lane Family Restaurant owner and PAL Board member Mike Grafenstine, Ofc. Mike Farley, Det. Tony Ammaturo, and Sgt. Rick Kondan.



Ofc. Joe Conover (right) and Department Intern Joe Talotta (left) completed their foursome with Abington PAL kids Josh Rice and Russell Nocito.



Police Intern Joe Talotta (left), Frank Kovalcheck (Abington Bank), PAL kids Russell Nocito and Josh Rice, Ofc. Joe Conover, Gary Ottenbreit (Abington Bank), and Abington Police Intern Matt Seydel.

Kids on the Hill Summer Golf Camp A Great Success

Twenty-five boys and girls took to the links for PAL's Kids on the Hill summer golf camp that ran three days a week for nine weeks at four golf courses. Five of those young people were returning golfers, while 20 were

new to the camp experience.

This year, in addition to working on skills and learning the rules and etiquette of this sport, participants enjoyed a new component: learning how healthy eating affects one's game. For example, the emphasis was

on drinking water vs. soda.

To give campers the most beneficial experience, more advanced players were kept together, while those young people who needed additional help were grouped for more individualized attention. This program is now in its fifth year.



Police Athletic League

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Preventing crime and violence by providing safe, supervised places for the youth of Abington Township.



PAL Kids & Officers Attack and Defend Positions

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up.”

For Intern Matt Seydel, this day was second nature as he used to compete on paint balling teams at the national level. When he showed up wearing one of his jerseys, the kids all vied to have him on their team.

PAL is ever grateful for the Sussman Automot-

Ofc. Chris Posey stalks his partner Ofc. Al Freed's team.

tive and Shorday Family PAL vans that enabled them to take 24 kids on this field trip. Of

course the kids can't wait for a rematch.

Police Intern Matt Seydel takes his position.

